

PATIENT INFORMATION – INTRAVESICAL INJECTION OF BOTOX (via flexible cystoscopy)

A cystoscope is a thin, fiberoptic tube that has a light and camera at one end. It is inserted into the urethra (the tube that carries urine out of the body) and moved up into the bladder. The urologist will then use the cystoscope to inject Botox into your bladder muscle.

PRIOR TO THE PROCEDURE:

The only preparation required by you is to arrive at the appointment with a comfortably full bladder. There is **no** need to fast from food or drink. Patients are able to drive themselves to and from the appointment.

DURING THE PROCEDURE:

A nurse is present to assist the urologist in performing the procedure.

Prior to performing the procedure a flow rate and scan will be done to show if your bladder has completely emptied. Local anaesthetic will be inserted into the urethra via a small catheter and left to dwell for 15 minutes prior to the procedure. The urologist will then insert the cystoscope through your urethra into your bladder and inject the bladder muscle several times with a small amount of Botox. You should only experience minimal discomfort while the Botox is injected.

The entire procedure, including local anaesthetic, Botox injection and recovery, should take approximately 45 minutes and you will be able to dress and go to the toilet as normal afterwards.

FOLLOWING THE PROCEDURE:

The benefits of intravesical Botox injections may take some time to take effect, and if successful can be repeated with return of original symptoms.

Following an intravesical injection of Botox via flexible cystoscopy you may experience the following:

- Discomfort or a burning sensation when passing urine
- The urge to pass urine more frequently for a few days
- Blood staining in your urine – drink extra fluid until this clears
- To prevent infection, some patients may be prescribed an oral antibiotic. This is not required in all cases.

The following will help with the above symptoms:

- Taking Paracetamol (Panadol) if required
- Taking Citravescent or Ural sachets (Available from Pharmacies - take up to four sachets a day, each in a glass of water)
- Drinking extra fluids for the next 2-3 days.

There is a risk of developing a urinary tract infection (UTI) following this procedure. **If you have a raised temperature, pain or persistent burning/bleeding, please contact Goldfields Urology on 03 5441 3130 (After hours 03 9387 1000).**